

KEEPING CHILDREN SAFER ONLINE: AN ESSENTIAL PARENT & CARER TALK

This engaging and **non-judgemental** session will provide the most up-to-date information all parents need to know in today's digital world and give you the knowledge and practical strategies to help keep your child safer online while building healthy digital habits at home. From toddlers to teens this session is packed full of information that all parents and carers need to hear.

What Will Be Covered?

- **What children are really seeing and doing online today** – how their online world is very different to ours.
- **Social Media Deep Dive** – key insights into Snapchat, TikTok, Instagram, and WhatsApp.
- **Gaming Safety** – a special focus on Roblox and the risks and benefits of online gaming.
- **AI and AI Apps** – understanding the impact of artificial intelligence on children's online experiences and what apps we need to be aware of right now.
- **Inappropriate & Harmful Content** – helping your child develop critical thinking skills to navigate online risks and **what to do if your child does see something upsetting**.
- **Parental Controls & Digital Boundaries** – practical steps to set up safety measures at home.
- **Cyberbullying & Online Scams** – minimising your child's chances of being targeted.
- **Online Predators** – recognising and reducing risks.

What other Parents have said:



"A real eye-opener – I had no idea what my child was actually exposed to online. This session gave me the tools I needed to feel more confident about keeping them safe."

"The best online safety talk I have ever attended! Clear, practical, and completely non-judgemental."

"So much valuable information that every parent needs to hear. I left feeling empowered and reassured."

"Thank you so much for your informative talk last night - I found it truly eye opening as the mum of two young boys and all these social pressures ahead of us"

"I wish I had known all this sooner – every parent should attend!"

If you have a particular topic or concern you would like me to cover **please feel free to get in touch at anna@screen-safe** and I will ensure your question is covered (anonymously)