





Western Primary School  
PSHE Policy  
Personal, Social, Health and Economic Education

Persons/body responsible for updating:	SLT
Date approved and by whom:	23/9/22
Chair of Governors' signature	
Headteacher's signature	
Due for review:	September 2025
Status:	Statutory
Required on website:	Yes

Our School Vision

*At Western, we aim to develop kind, ambitious, curious, confident and successful young people who are excited about their futures.*

### Aims and objectives

PSHE teaching should help pupils to learn and gradually to master the personal and social skills that are the keystones of a happy, healthy, intellectually stimulating and purposeful life. These skills provide the key elements of social and moral cohesion, stability and positive citizenship.

Through our delivery of the PSHE curriculum provided by the Kapow Primary scheme of work, we intend to:

- Promote pupils' spiritual, moral, social, cultural, mental and physical development.
- Promote the key strands of British Values.
- Prepare pupils for the opportunities, responsibilities and experiences of life.
- Give pupils the knowledge, skills and understanding to lead confident, healthy, independent lives and to become informed, active and responsible citizens.
- Ensure our duty as a school in relation to promoting pupil wellbeing and pupil safeguarding defined in the Children Act 2004 as 'the promotion of physical and mental health; emotional wellbeing; social and economic wellbeing; education, training and recreation; recognition of the contribution made by children to society; and protection from harm and neglect'. (Children Act 2004) and community cohesion (Education Act 2006).
- Fulfil the duty of Equality Act 2010 that places duties on schools not just to address prejudice-based bullying but also to help to prevent it happening, and in doing so, to keep protected characteristic groups safe. PSHE education, with its focus on identity and equality, can help schools to fulfil this duty

### SMSC

We aim to promote a curriculum that ensures that the development of pupils' spiritual, moral, social and cultural understanding plays a significant part, not only in their ability to learn and achieve, but also in the way that they make sense of and are part of the wider world. Our curriculum provides children with opportunities to explore and develop their own values whilst recognising that those of others may differ.

### What is Personal, Social, Health Education (PSHE) and Citizenship?

PSHE is a planned programme of learning through which pupils acquire the knowledge, understanding, skills and strategies they need to manage their lives now and in the future. As part of the whole school approach, PSHE education helps pupils to develop the qualities and attributes they need to thrive as individuals, family members and members of society. PSHE education contributes to personal development by helping pupils to build their confidence, resilience and self-esteem, and to identify and manage risk, make informed choices and understand what influences their decisions. It enables them to recognise, accept and shape their identities, to understand and accommodate difference and change, to manage emotions and to communicate constructively in a variety of settings. Developing an understanding of themselves, empathy and the ability to work with others will help pupils to form and maintain good relationships, develop the essential skills for future employability and better enjoy and manage their lives (PSHE Association September 2014).

## Teaching and Learning

Western follows the Kapow Primary scheme of work for PSHE and Citizenship under the following 5 key areas from Y1 to Y6:

- Families and relationships (please refer to our separate RSE policy for further details)
- Health and wellbeing
- Safety and the changing body
- Citizenship
- Economic wellbeing
- Identity (Y6 only)

Kapow Primary fulfils the statutory requirements for Relationships and Health Education set out by the Department for Education. It also fulfils the National Curriculum requirement to teach PSHE and goes beyond the statutory requirements by referring to the PSHE Association Programme of Study (recommended by the Department for Education.)

See the Long-Term Plan whole-school overview, available on our website, for specific teaching content.

Children are taught about safeguarding, including online, through teaching and learning opportunities, as part of providing a broad and balanced curriculum and within PSHE lessons. Our curriculum also incorporates the principles laid down in the SMSC and British Values framework. The PSHE curriculum also covers the government's Education for a Connected World – 2020 edition framework.

In addition, PSHE lessons are used to react to situations that arise from time-to-time within individual classes. These will be identified within team planning meetings, recorded in class assemblies and discussed through 'response questions' in our 5 Quick Questions model, which are implemented at the beginning of every lesson.

## Parental Involvement

Parents are informed by Classlist/ email about topics that may be deemed more sensitive (e.g. use of drugs, LGBTQ, relationships) before they are taught. Resources are sent home and parents are encouraged to speak with their children following lessons to aid their understanding or be given the opportunity to ask questions about their learning in the home environment. Please refer to the RSE policy regarding a parent's right to withdraw their child from specific content.

## Resources

Resources for teaching PSHE are varied. Whilst following the Kapow Primary scheme, which provides an assortment of relevant and quality resources, teachers also make use of the abundance of resources available online, adapting them to the needs of the individuals, groups and classes that they are teaching. There is also a range of books, including stories, in the Junction, Quiet Room and library relating to different issues.

## Assessment

Teachers assess the pupils' work through questioning, observation and end-of-unit quizzes. The Equal Opportunities SUCCESS team monitor the teaching of PSHE including observing lessons, work scrutinies and speaking with children to ensure understanding of objectives.

## Websites to support teaching and learning:

### PSHE

- <https://www.kapowprimary.com/subjects/rse-pshe/> Includes introductory video to RSE and PSHE teaching through Kapow Primary.

### Relationships

- Safeguarding: [NSPCC PANTS Rule](#)

### Relationships and Sex Education

- [Sexwise](#) – up-to-date information on all aspects of sexual and reproductive health
- [Public Health England](#) - resources covering relationships and bullying, alcohol, smoking, stress, body image, with videos made by young people and resources tested with teachers.

### Online Safety

- [Education for a Connected World](#)